






PLANNING & PREPARATION

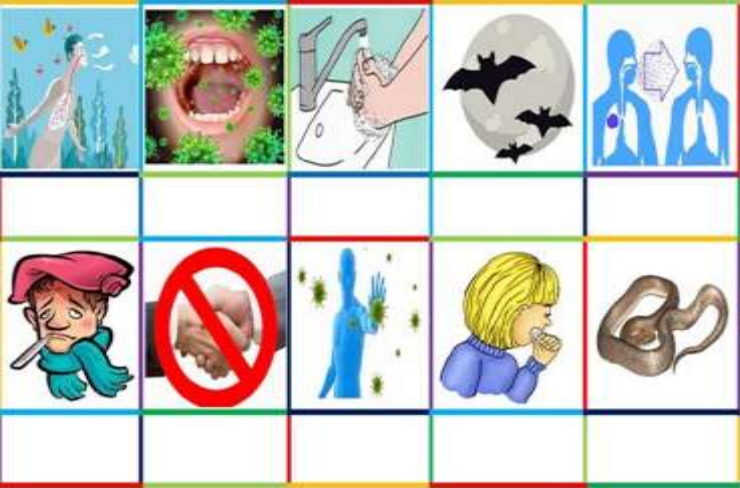







GRADE	4	5	X	6	7	8	9	TERM & SEE WCED TAP	1	X	2	3	4	Week	1	Time allocation	1h 30 min
TERM 1 WEEK 1																	
Role Players (WHO is going to teach/ guide/ support...)	Aim/ Purpose/ Topic/ Content/ Concepts/ Skills (WHAT am I going to teach/ guide/ support...)	Teaching Methodologies & Classroom Management Skills (HOW am I going to teach/ guide/ support...)	Resources/ LTSM (WHAT am I going to use to teach/ guide/ support...)														
			Paper-based Resources	Digital Resources													
<div>TEACHERS</div> <div></div>	Development of the self: Basic hygiene principles and COVID-19 protocol. What is COVID -19? <ul style="list-style-type: none">How it is transmitted?How to control the transmission of the virus-behaviour change.How to live a positive life and manage your daily activities during COVID -19/ new normal. <ul style="list-style-type: none">Self-concept How you see yourself.Positive self-concept Means you like and respect yourself. This means that you are beginning to know what you like and dislike. It also means that you stand up for your rights and what you think is important.	<ul style="list-style-type: none">Stating the learning outcomes.Learners are introduced to the topic by the teacher touching on concepts of development of the self that was done in Grade 4.Show learners a video clip of positive self-concept and Covid-19.Use this to generate curiosity and stimulating interest about the topic.Ask open-ended questions about the topic and concepts to check on previous knowledge.Ask learners to identify the learners in the video who they regard having a positive self-concept and let them explain their answers.Ask learners why they think that being successful often leads people to further successes.Follow this with a discussion about the list of qualities that a successful person needs to have (see Learner's Book) and ask learners if they can think of any other qualities that might be useful.Make use of the Think-Pair-Share method.Learners write their responses on flip charts and have a discussion on it.	<ul style="list-style-type: none">Flip chartWriting materialsWorksheetsGr 5 Text book	<p>For more enriching online sources in all subjects: https://www.thelearningtrust.org/asp-treasure-box Covid-19 https://www.youtube.com/watch?v=D9tTi-CDjDU</p> <div></div> <p>Positive self-concept https://www.youtube.com/watch?v=c8pRLWR1YU</p>													




Positive self-concept
<https://www.youtube.com/watch?v=c8pRLWR1YU>

	<ul style="list-style-type: none"> • Influence of others on self-concept: adults and peers What adults and your peers say about you can make a big difference to your self-concept. • An action plan for a positive self-concept. The steps and tasks you take to help you to feel better about yourself and to develop a positive self-concept. <p>Skills</p> <ul style="list-style-type: none"> • Problem-solving • Answering questions • Dialogue skills • Communicate through visual, symbols and language skills • Make a summary • Critical and creative thinking • Research skills 	<p>Worksheet 1:</p> <ul style="list-style-type: none"> • Learners will answer questions on Covid-19. <p>Worksheet 2:</p> <ul style="list-style-type: none"> • Learners will do activities on positive self-concept. • Learners will work individually to complete the tasks listed and have discussions in pairs to share two things from their action plans. 		
PARENTS 	<ul style="list-style-type: none"> • See the notes above to the teachers, parents and learners regarding Worksheet 1 and 2 that need to be completed. • Learners must answer all the questions. • Learners must speak to parents and teachers about Covid-19 and self-concept. • The websites (and QR-codes) mentioned above contain valuable and relevant information for teachers, parents and learners. 			
LEARNER 	<ul style="list-style-type: none"> • Study the notes on positive self-concept as well as the videos on Covid-19 and positive self-concept. • You must complete the four activities in worksheet 1 • You must complete worksheet 2: • Make use of your textbook and websites in this lesson plan to answer the questions. 			
Informal / Formal Assessments	Do informal activities in worksheets 1 and 2			
Values Taught	Accountability; Conscientiousness; Creativity; Dedication; Independence; Integrity; Responsibility; Uniqueness; Vision; Perseverance			

Worksheet 1

Question 1: After watching the video on Covid-19 answer the following questions:	Question 2: Looking at the following pictures and then label them using the words given in the box below:	Question 3: Give a description for each of the pictures that can help to prevent Coronavirus transmission.
1.What are some symptoms of the Corona virus?		
2. What part of the body does it affect?		
3. How can you prevent spreading this infection?	<div data-bbox="622 882 1359 1046" style="border: 2px solid red; padding: 5px; text-align: center;"> transmitted disease respiratory system immunity symptoms (fever & cough) spread person to person source of viral infection (bats & snakes) prevent infection (hand washing & avoid shaking hands) </div>	 
4. How do experts believe the Coronavirus is transmitted?	Question 4: Fill in the missing words on learner hygiene. Learners should be encourage to: <ol style="list-style-type: none"> 1. their hands frequently, always with soap and water for at least.....seconds. 2. Refrain from touching their....., and 3. Not share cups.....or..... with others. 	 

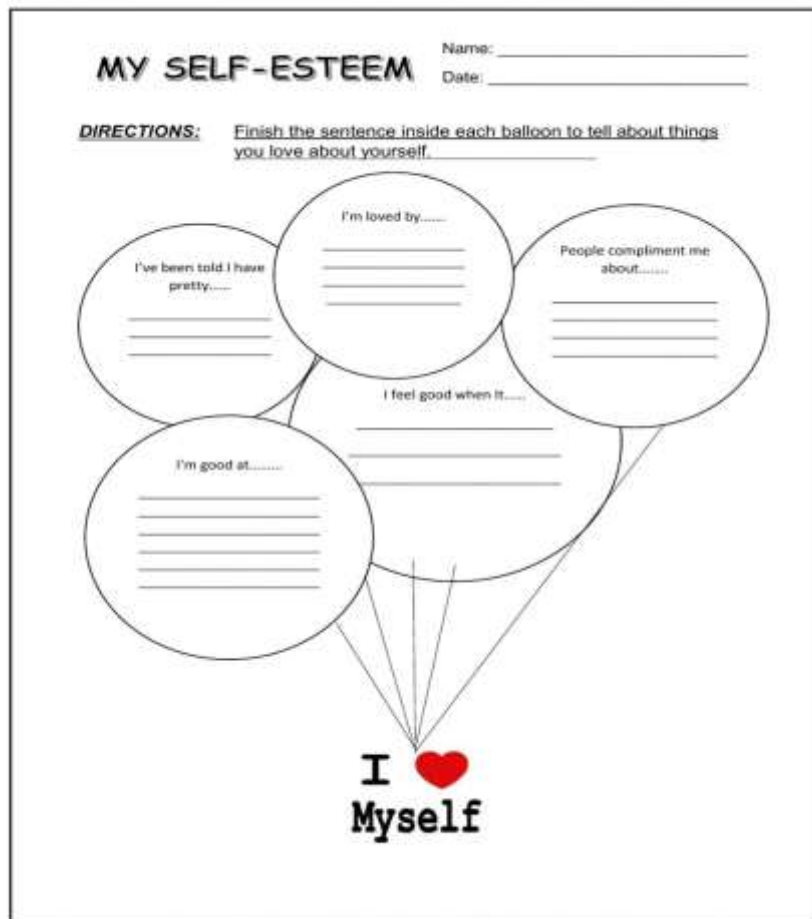
5. What are common sources of Coronaviruses?	4. Sneeze or cough into a bent..... or and to discard the tissue safely in awith a lid, then..... their hands immediately. 5. Wear..... to cover their mouths and noses. 6. Apply the..... social distance norm, wherever practicable. 7. Live a positive life by maintaining healthy.....		
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Worksheet 2

Question 1

MY SELF-ESTEEM Name: _____ Date: _____

DIRECTIONS: Finish the sentence inside each balloon to tell about things you love about yourself.



I've been told I have pretty.....

I'm loved by.....

People compliment me about.....

I feel good when it.....

I'm good at.....

I ❤️ Myself

Question 2: Draw yourself achieving success.

Question 3: A



B



1. How do you think the learner feel in picture A and in B.

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2. Which way of speaking builds up the learner's self-concept? Give a reason for your answer.

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Question 4

Explain how you can use each of the concepts below in an action plan to improve your self-concept.

Concept	Explanation
Focus on who you are	
Celebrate your successes	
Take a stand	

	Have goals	